



The Parkview Post

PARKVIEW MEADOWS CHRISTIAN
RETIREMENT VILLAGE

519.587.2448 INFO@PARKVIEWMEADOWS.CA

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TIME FLIES

Hello Parkview Family,

We are well into 2024 now, and I have been here 3 months already! Can you believe how times flies ...

And as we enter another new year, I want to thank everyone for your continued commitment to providing high-quality care to our residents, and to supporting our Parkview community overall. Whatever your role - employee, family member, resident and others, we are making a positive impact on people's lives. Gardenview Long Term Care, Southview Retirement, Brookview Life Lease units and Valleyview Apartments – the Community of the Parkview Meadows Christian Retirement Village. When we work together as a team, we are able to deliver the best possible outcomes and do it a rewarding and sustainable manner.

This people-centered approach to everything we do is what sets us apart. What you do in this approach makes all the difference. I am proud of the Parkview Family, and I am grateful for your dedication and perseverance. Thank you for all you continue to do for those who rely on us.

In my position, I have always believed that leadership is the humblest of service roles, and it is my sincere pleasure to support those associated with Parkview Meadows in the best fashion that I can – with experience, support, and executing the Parkview Christian Mission and Vision, “assisting each resident to function at his/her highest level of independence and to live a life with dignity and sense of worth and value. This is done in the context of a Christian community where there is support for the residents' physical, spiritual, emotional, social and financial needs.” To create and support a culture that allows all to contribute meaningfully to this achievement. To effectively lead our strategic plans for the organization and follow Parkview's vision, to secure and allocate resources and to track how we are doing by leveraging performance and efficiency.

We thank you for having the confidence in Parkview for, perhaps, the most important decision you will make - where to seek your or your family members residence and/or care. Here at Parkview, we are constantly growing and evolving to meet the needs of our dynamic community. We at Parkview feel a deep sense of pride and commitment to all those who place their trust in us.

Blessings to all,

Ken Callaghan
Chief Executive Officer

BOARD CORNER

HAPPY NEW YEAR!

It is hard to believe that February is almost here! We thank the Lord for blessing us with this new year 2024; another year of living and working at Parkview Meadows. As our chair mentioned in the previous post, 2023 was a challenging year. We are very thankful for the new CEO and the new manager of Southview. The daily life and activities of Parkview appear to be moving along well. We are still searching for a permanent DOC; but grateful for the interim DOC who is taking care of Gardenview.

Let's continue to support and pray for all the staff and volunteers of Parkview Meadows. Without these dedicated and compassionate people, Parkview Meadows could not exist. During these challenging times, these people work for the betterment of all the residents living at Parkview. Every time I have gone in for a meeting or a visit, I discover a pleasant and friendly environment. What a blessing to have such a dedicated team of staff and volunteers. Please continue to support and thank them when you meet them at Parkview.

As we move forward in 2024 and face the joys and challenges of life at Parkview, we ask you to hold the Board and the management team in your prayers as we seek God's will for Parkview Meadows and strive to do what is right for our residents and staff. Blessings for 2024!

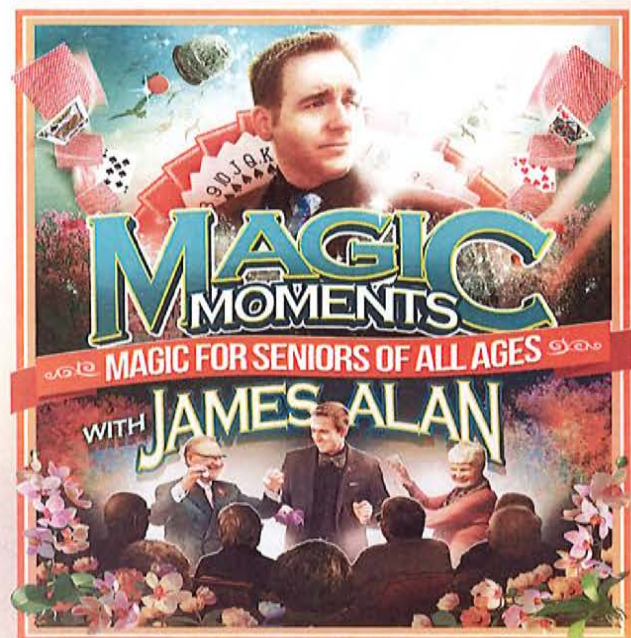
On behalf of the Board,
Ernie Rauwerda

Come and Celebrate
Valentine's Day



with Harpist, Rosemary
Tuesday, February 13, 2024
at 2:00 p.m.

Show off our Valentine's Day spirit by wearing something red, pink, or white!



Wednesday, April 3 at 2:00 PM

E M M A N U E L , G O D W I T H U S

It was nearly Christmas when my young son in grade 7 brought the surprise home from school. His teacher had made two posters with calligraphy lettering. The pupils did the colouring and added the finishing touches to these beautiful posters. How delighted I was when I received this precious gift! To preserve them, they were eventually pasted on bristle board.

Little did I foresee that for more than 40 years, wherever we resided, they would be hung in a place of honour in our home every Christmas. Each year I still fold them carefully and place them in a box to preserve for the next festive season. Year after year when I open the box my heart sings with the wonder of those liberating messages:

In the Old Testament the prophet Isaiah had prophesied: "Look! The virgin will conceive a child! She will give birth to a son and will call him Immanuel, which means God with us."



In the New Testament, centuries later, these messages were given by an angel to Joseph in a dream. It was during a most stressful and confusing time when he learned his beloved Mary was going to become the mother of the Christ-Child. How could his beloved Mary ever fully grasp that in her womb she was carrying the Christ-Child with an already God-given name, "Emmanuel". How puzzling those messages must have been for Joseph as well. He too, would have been unable to comprehend that this Child would redeem the entire course of history. And how could those two ever fathom that their Child was also going to be *their* Redeemer as well?

Our understanding of this miracle is much clearer because God's Word has so clearly revealed this wonder to us in Scripture. And, how marvelously the Spirit of God has confirmed and sealed this promise in our hearts! How wonderfully comforting these messages remain for us today. They're words of a bountiful promise. They speak of hope! They speak of comfort! Jesus our Emmanuel *is with us!* We will never ever, walk alone! He was already with us while we were being formed in our mother's womb. He will remain with us throughout our entire lifespan. He's with us in the daily caring and sharing; in our walking and talking, in our living and in our dying. In a world of confusion and uncertainty our Emmanuel says: *"I'm with you! Trust me. I will walk with you every step of the way."*

Perhaps I should not have packed those posters away at the end of 2023 with all my other Christmas decorations. Surely, I will need that promise and reminder in the coming days of the new year... and my heart can sing with wonder all year through!

Theresa Bakker
Commissioned Pastor of Parkview Meadows.



PRC Quick Tips

Soci t  Alzheimer Society
BRANT, HALDIMAND NORFOLK,
HAMILTON HALTON

For more information please
contact your PRCs- Kathie or
Stephanie at 519-428-7771

The 8 As of Dementia

The 8 A's are an easy way for caregivers to remember which areas of the brain can be affected by dementia. Each of these A's represents damage to a particular part of the brain.

As a caregiver, keep in mind that a person with dementia may not experience all of the A's. Dementia can affect several different areas of the brain, but not always at the same time.

For the next few months we'll go through each A in more detail.

Anosognosia – the individual no longer realizes there is something wrong.

Amnesia
Aphasia
Agnosia
Apraxia
Altered Perceptions
Apathy
Attention Deficit

Anosognosia is not the same as denial

It's important to understand that someone who has anosognosia in dementia isn't just being difficult or in denial – this is something different.

When someone is in denial, they are aware of a fact, but refuse to accept it.

With anosognosia, the damage that dementia is causing in their brain makes it impossible for that person to be aware of what's happening to them.



Resources that may be helpful:

<https://dailycaring.com/6-ways-to-help-someone-who-doesnt-know-theyre-ill-anosognosia-in-dementia/#:~:text=Anosognosia%20is%20a%20condition%20that,believe%20that%20they%20have%20dementia.https://www.dementiacarers.ca/when-the-person-with-dementia-doesnt-know-they-have-limitations-anosognosia/>

Anosognosia

Pronounced ah-no-sog-NOH-zee-uh. The word literally means “to not know a disease”.

ANOSOGNOSIA is often mistaken for denial, stubbornness or embarrassment. In fact it is actually brain damage that can make it difficult for dementia patients to recognize their impairment. Awareness can change from day-to-day or even hour-to-hour, and this can make your loved one's behaviour unpredictable.

They may resist help, refuse treatment, become angry and defensive or dangerously overestimate their abilities. And even if they forget to bathe, miss appointments, or burn food on the stove, they're still likely to insist that they don't need help. They'll probably also insist that they're absolutely capable of living independently – despite clear evidence that things are going wrong.

Anosognosia can also make people forget their physical ailments. People may try to get up from their wheelchair and walk or transfer themselves, even though they have lost their legs or just had hip surgery.

If someone reminds them of their cognitive impairment, someone with anosognosia may get angry and defensive because in their mind they're 100% convinced that there is no problem. They forget that they forget!

Ways to help

- Go with their reality
- Use “therapeutic fibbing”-which is similar to “stretching the truth” or using “white lies” to ease their anxiety
- Do not try to reason and use logic to help them understand, as they will get all caught up with the words and reasoning.
- Only say what needs to be said for the moment
- Avoid correcting them and having confrontations; pick your battles
- Present solutions positively and subtly
- Be creative with solutions

Remember

The dementia patient is not *giving* you a hard time.

The dementia patient is *having* a hard time.

CANDID MOMENTS

Christmas Bazaar Preparation with Poinsettias



Rocking around the Christmas tree with Santa!!!!

⇒ Christmas Card Craft Making in Gardenview



Life of the Party



⇒ New LED Sign and Logo

⇒ Greenhouse is blooming with new life
⇒ Horticulture Therapy for Residents)



** Photo submissions/credit; Krista Ashley / Janet Sooklal / Kaitlyn Van Brugge, Becky Walker & Michael Ciardullo

GARDENVIEW RECREATION

FEBRUARY

- Wednesday, February 7th at 10:00 a.m. - **Donut Day Southview Dining Hall**
 Thursday, February 8th at 10:00 a.m. - **Bus Outing to Butterfly Conservatory in Cambridge**
 Friday, February 9th 1:15 p.m. to 3:30 p.m. - **Hearing Clinic with Connect Hearing (Craft Room)**
 Tuesday, February 13th at 2:00 p.m. - **Valentines Social with Rosemary Soenen (All Welcome)**
 Thursday, February 15th at 2:30 p.m. - **Giant Hymn Sing in Southview Dining Hall**
 Friday, February 16th at 2:00 p.m. - **Banana Split Sundae Special Treat Cart**
 Wednesday, February 21st at 8:15 a.m. - **Bowling Outing to Whitehorse Simcoe**
 Thursday, February 29th at 2:00 p.m. - **Leap Year Celebrations**
 Thursday, February 29th 10:00 a.m. to 3:00 p.m. - **Boutique Clothing in Craft Room**
 Every Sunday at 10:00 a.m. - **Therapy Dog Visits in the Lounge**

MARCH

- Tuesday, March 5th at 2:00 p.m. - **Birthday Party with Jack Coulson**
 Wednesday, March 6th at 10:00 a.m. - **Donut Day (Southview Dining Hall)**
 Wednesday, March 6th at 6:00 p.m. - **Family Council Meeting (Craft Room) All Welcome**
 Thursday, March 7th at 8:15 a.m. - **Men's Breakfast in Craft Room (Sign up required)**
 Thursday, March 7th at 2:00 p.m. - **Little Ray's Reptile Show (Southview Dining Hall)**
 Friday, March 8th 1:15 p.m. to 3:30 p.m. - **Hearing Clinic with Connect Hearing (Free)**
 Wednesday, March 13th at 12:00 p.m. - **Swiss Chalet Dine In**
 Thursday, March 21st at 10:00 a.m. - **Bus Outing to Warplane Heritage Museum**
 TBA – **Dance Performance**

APRIL

- Wednesday, April 3rd at 10:00 a.m. - **Donut Day (Southview Dining Hall)**
 Wednesday, April 3rd at 2:00 p.m. - **Magic Show with James Alan**
 Friday, April 8th 1:15 p.m. to 3:30 p.m. - **Hearing Clinic with Connect Hearing (Craft Room)**

Did you know that an Optician and Optometrist from



VIEWPOINT
VISION CARE

attends Parkview Meadows.

Covered by OHIP

\$40 Mobile Fee for Mobile Services

Next clinic date scheduled for;

TBD

Mobile eye care at your office, long term care, retirement community or hospital we can understand during these times it can be difficult to take care of your eye care needs, it can be a struggle to take yourself or your family away from your home, that's why Viewpoint will come to you. We will bring our portable Optometry clinic, equipped with our mobile diagnostic equipment, we conduct a complete and thorough eye examination. These include: Visual Acuity Testing, Refraction, Binocular Vision Assessment, Ocular Motility Testing, Pupillary Examination, Slit Lamp Exam, Intraocular Pressure Measurement, Retinal Exam, Cataract Assessment and Dry Eye Assessment.

Please connect with Michael to complete Viewpoint Intake Form for the next clinic.

VOLUNTEER INTERVIEW

Parkview Meadows is a large and busy place. Our staff work diligently every day to ensure our residents' diverse needs are met and that our operation runs smoothly. Our volunteers also play a vital role in the overall success of Parkview as we would not have such a wonderful reputation within the community without the helping hands of these selfless individuals. Donna Repath is a newly anointed and dedicated resident volunteer to Parkview Meadows. Below is a brief interview with Donna.

How long have you been a volunteer here?

It has only been 6 weeks usually Thursday afternoons with residents on Willow Grove.

What exactly do you do at Parkview Meadows?

I enjoy my visits and chats with the residents as well as taking some for walks, to hymn sing or bible study gatherings with Theresa. Some I have taken to their weekly trip to the hair salon where they come away feeling and looking so good!

Do you enjoy what you do here? What do you enjoy most about volunteering?

I have learned so much history and knowledge of the area from many residents and enjoyed stories of their families and hobbies, previous jobs and travel. Visiting here as a volunteer has gotten me to know them a little better.

I look forward to better weather and getting those out who desire a walk in the fresh air and sunshine.

How did you find out about Parkview Meadows?

Our mom Vera spent her last 2 years at Parkview Meadows and received excellent care and attention. This made me want to give back to her friends and caregivers in a way that I can. Where there is a need for support, I would love to help out.

Is it okay if we get a bit more personal Donna? I think that everyone would be interested in finding out a bit more about you as an individual. What is your life like outside of Parkview?

I am recently retired from careers both in travel and corporate telecommunications, this new opportunity I find to be most fulfilling. Looking forward to meeting many more good friends at Parkview Meadows.

**** If you or someone you know is interested in making a difference and becoming a volunteer, please contact Michael at 519-587-2448 ext. 419 or email at mciardullo@parkviewmeadows.ca*

Gardenview Family Council

Family Councils of Ontario were launched in 1998 and are recognized in the Long Term Care Act as a vital link to improve the quality of life for residents in long term care. We are the families and friends of residents in Long Term Care who volunteer our time to improve the conditions that impact the daily life of seniors living in Ontario government homes.

Family Council meets every three to four months for a chance to be able to have questions answered by Management directly. Invited guests will be Ken (CEO), Lismi Kallan (DOC) and Michael (Program Services Manager)

Next Meeting will be held on Wednesday, March 6th, 2024 @ 6pm in the Craft Room

We look forward to seeing you there!

MAINTENANCE CORNER

We made it! Thursday December 21st was the shortest day of the year last year, with the least amount of sunlight. Since then, our days have been getting gradually longer (and closer to springtime). With the colder weather and lower levels of daylight the winter is hard for some people. This year on January 15th it was blue Monday, the day that researchers say is the day that collectively we have the lowest mood, or with winter blues. So, if you struggle in the winter like many do, we are well on our way towards spring!

If you are heading outside remember that it may not be as easy or safe as normal with the winter weather upon us. Our contractors come out on a regular basis during bad weather, but sometimes if the weather persists for a long period, it is hard to keep up. Always be sure to use caution when you are heading outside during these cold months, wearing appropriate footwear, warm winter clothing, and keeping a blanket or safety kit in your car in case of an emergency.

Inside the building things continue to change and evolve as the times do, especially with the cold and flu season upon us. Parkview has been taking steps over the last couple years to make some improvements to the building that are focused on infection prevention and control, including replacing older carpet with antibacterial vinyl and increasing cleaning at "high touch" areas. This is a step that everyone can take, and sometimes gets overlooked. Giving door handles and other frequently touched surfaces an extra wipe down with the cleaner of your choice is especially important as we all do our best to stay safe and healthy. In Gardenview the wardrobes and nightstands have received a facelift with new doors and drawer faces. A small number of rooms remain but should be fully finished within the next month.

In our Brookview building we have ordered 2 new dryers for the public laundry room, as the older units have reached the end of their functional life. They will be delivered soon and be up and ready for use. In the Brookview AND Valleyview buildings we will be having brand new mailboxes installed for our regular mail delivery. The mailbox assembly in Valleyview is the original from 1985, and the unit in Brookview is the original from 1990 and it will be nice to see the new units installed in the next month or so. They have advised that the units will be shipped to us in the next 4-6 weeks. There will be a time during this installation that the area at each mailbox will need to have access restricted or closed off temporarily as the units are relatively large and will require caution to installed. Once the units are in and Canada Post has all the labels set-up (this should all be done on the same day as installation), each resident will be assigned a key for their new mailbox. The new mailbox units may not be labelled the same way as the old ones so it is possible that your box could change location, however the functionality will remain the same.

Finally, we have been gathering a few different quotes for materials, contractors, and equipment to start the process of the updates to the Parkview dining room. This is a part of the plan to start providing the meal services for Southview residents directly in the dining room itself. Many considerations are required for water, hydro, and safety, all of which are also in progress. This will be a large project that will take time to coordinate, but in the long run will help to provide a more enjoyable dining experience for our residents.

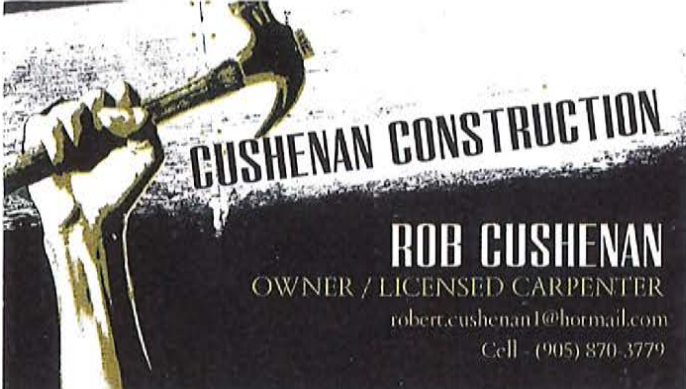
Jon Toal – Maintenance Supervisor

ADVERTISE WITH PARKVIEW MEADOWS

Jeffrey Hewson
Sales Representative
Owner/Team Leader

✉ jeff@teamhewson.ca
☎ (905) 512-0223
🌐 teamhewson.ca

CENTURY 21
REAL ESTATE GROUP INC.

ROB CUSHENAN
OWNER / LICENSED CARPENTER
robert.cushenan1@hotmail.com
Cell - (905) 870-3779

SAFETY TALK

Information Sheet

“Wash Up and Help Stop the Spread of Disease!”

FACT: Hand washing is the single most effective way to stop the spread of infections!
FACT: Up to 80% of common infections are spread by the hands!

Why is Washing your Hands Important?

- You can catch infectious diseases or illnesses from contact with other people – casually by hand contact or by being nearby when people cough or sneeze
- Work environments are especially conducive to ease in the spread of infection due to the number of people and the close proximity in which they interact
- Hands can easily become contaminated with disease-causing germs, and pass them along just as easily
- Five of the **most common** scenarios for the **transmission of germs**, according to the CDC, are:
 - Hands to food
 - Infected infant to hands to other children
 - Food to hands to food
 - Nose, mouth or eyes to hands to others
 - Food to hands to infants
- Ensuring that employees wash their hands properly after using the washroom is very important in reducing disease transmission of stomach "flu" (which really is not a "flu" or influenza) and other gastrointestinal infections

Antibacterial Soap Controversy...

- There is no need to use antibacterial soaps in the home, school or workplace
- Antibacterial soap should be reserved for hospital settings or work areas specifically identified for use
- Promotes antimicrobial resistance
- Proper hand washing with regular soap and water can remove germs very effectively
- In some workplaces, **universal precautions should be followed** when workers are exposed to blood and certain other body fluids

How to Wash your Hands Properly

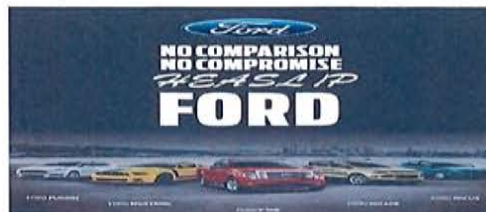
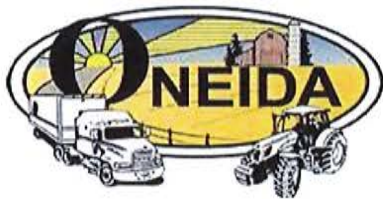
- Remove any rings or other jewelry
- Use warm water and wet your hands thoroughly
- Use soap (1-3 mL) and lather very well
- Scrub your hands, between your fingers, wrists, and forearms with soap for 30 seconds
- Scrub under your nails
- Rinse thoroughly
- Turn off the tap/faucets with paper towel
- Dry your hands with a single use towel or hot air dryer

NEVER USE A BASIN OF STANDING WATER FOR SHARED WASHING

Other Tips

- Cover cuts with bandages and wear gloves for added protection (cuts are very vulnerable to infections)
- Artificial nails and chipped nail polish have been associated with an increase in the number of bacteria on the fingernails. Be sure to clean the nails properly
- Keep your hands away from your eyes, nose or mouth
- Liquid soap in disposable containers is best
- If using reusable containers, they should be washed and dried before refilling. If using a bar of soap, be sure to set it on a rack that allows water to drain or use small bars that can be changed frequently

ADVERTISE WITH PARKVIEW MEADOWS



SKYLINE
CONTRACTING

Golf Tournament Hole In One Sponsors of 2023

Contact Michael at 519-587-2448 Ext 419 to inquire about sponsorship holes and advertising your business for a minimal fee

RETIREMENT ACTIVITIES FEBRUARY

- Wednesday, February 7th at 10:00 a.m. - **Donut Day Southview Dining Hall**
 Friday, February 9th from 10:30 to 1:00 p.m.- **Winter BBQ (Tuck Shop)**
 Friday, February 9th from 1:15 p.m. to 3:30 p.m. - **Hearing Clinic with Connect Hearing (Free)**
 Tuesday, February 13th at 2.00 p.m. - **Valentine's Social with Harpist Rose Soenen**
 Thursday, February 15th at 9:45 a.m. - **Trip to HAC Brunch**
 Thursday, February 22nd at 2:30 p.m. - **Giant Hymn Sing with Bruce**
 Friday, February 16th at 1:15 p.m. - **Jarvis Library and Tim Hortons**
 Thursday, February 22nd at 1:15 p.m. - **Shopping Trip to Simcoe**
 Monday, February 26th at 2:00 p.m. - **Around the World Social to Hawaii**
 Thursday, February 29th from 10 a.m. to 3 p.m. - **Boutique Clothing (Craft Room)**

MARCH

- Friday, March 1st at 1:15 p.m. - **Shopping Trip to Simcoe**
 Wednesday, March 6th at 10:00 a.m. - **Donut Day**
 Wednesday, March 7th at 2:00 p.m. - **Little Ray's Reptile Show (Southview Dining Hall)**
 Friday, March 8th 1:15 p.m. to 4:00 p.m. - **Hearing Clinic with Connect Hearing (Free)**
 Friday, March 8th at 2:00 p.m. - **Presentation of Women at War with Museum Curator Geneva**
 Wednesday, March 13th at 12:00 p.m. - **Swiss Chalet Dine In**
 Friday, March 15th at 2:00 p.m. - **St Patrick's Day Party**
 Friday, March 22nd at 1:15 p.m. - **Shopping Trip to Simcoe**
 Tuesday, March 26th at 2:00 p.m. - **Birthday Party with Jack Coulson**
 TBA - **Trip to Mandarin and Talize Hamilton**
 TBA - **Trip to Norwich Bakery**

APRIL

- Wednesday, April 3rd at 10:00 a.m. - **Donut Day**
 Wednesday, April 3rd at 2:00 p.m. - **Magic Show with James Alan**
 Friday, April 5th at 1:15 p.m. - **Shopping Trip to Simcoe**
 Thursday, April 11th at 2:00 p.m. - **Birthday Party with "Eric Brousseau"**
 Friday, April 12th 1:00 p.m. to 3:00 p.m. - **Hearing Clinic with Connect Hearing (Craft Room)**

Did you know that a Dental Hygienist from



attends Parkview Meadows every six to eight weeks
 Service for ALL Parkview Residents with a low cost
 Next clinic date scheduled for;
 April 2024

Did you know that a hearing specialist from



attends Parkview Meadows every second Friday of the
 Month?
FREE Service for ALL Parkview Residents
 Next clinic date scheduled for; Friday, February 9th
 Location; Craft Room at 1:00pm to 3:30pm

RECREATION

This past December we were able to hold our annual Christmas Bazaar and Poinsettia Fundraiser and to boot we once again had the ability to hold it in house this year. We had close to 34 tables with local vendors, that were able to provide our residents and community with home made Christmas gifts and ideas. New this year was being able to take a picture with Santa and Mrs. Claus and we look forward to bringing this back again next year.

The event featured many local companies from Epicure, Fifth Avenue and Tupperware to name a few. Parkview also sold Dutch goods, poinsettias, and handmade items crafted by our seniors. We were able to raise \$2900 in sales!!! It is fundraising events that we are able to raise funds to help aid in promoting better services here for our seniors. A special thanks to all of our volunteers that assist us at these events. They are a great asset to the home and to our seniors.

Keep your eyes and ears open for our upcoming events. We will be hosting our Mother's Day Plant, Bake Sale and BBQ on Saturday May 11th from 9am to 1pm.

We have also booked our 2024 Golf Tournament Fundraiser for Friday August 23rd being held at the Greens at Renton with a 12pm tee off time. This event is such a great way to connect, have fun and fundraise for the home. This year we will once again hold our 50/50 raffle tickets; with the winner to be announced at the event. Last years raffle was able to raise \$6,600.00, with the winner taking home \$3,300.00.

Our Recreation team welcomes back Anna from here maternity leave. We will be able to reach out to our residents and provide more 1 to 1 programming and new ideas to our calendars. We are recruiting another recreation programmer for Southview. This will be able to bring new ideas and large scaled activities to our seniors in our Retirement side or Parkview Meadows. Look for new events and programs on your monthly calendars.

Michael Ciardullo, Program Services Manager

JUST FOR LAUGHS



BRAIN WACKY WORDIES

Each of the puzzles below provides a visual representation of a common word or phrase. Can you decipher the clues in each puzzle box?

1 Priority	2 WEAR <hr/> LONG	3 O o P u E t N
4 Rain, Sleet, Snow, Hail, Fog, Sunshine, Humid, Breezy, Cloudy <i>feeling</i>	5 COW	6 HAY HAY Needle HAY HAY HAY
7 GRAVE	8 SLAP WRIST	9 A W A K E
10. READ	11. MOUTH	12. Comfort Close Comfort Close Comfort Close Comfort
13. YEAR ○	14. ROAD ■	15. HEAD ACHE

ANNOUNCEMENTS

MOTHER'S DAY
Greenhouse Fundraising
PLANT SALE

with
Bake Sale & Barbeque Luncheon

SATURDAY, MAY 11, 2024
9:00 - 1:00 P.M.



** DONATIONS OF CANNED GOODS ARE BEING COLLECTED FOR THE HAGERSVILLE FOOD BANK
COMPLIMENTARY SPIDER PLANTS WILL BE OFFERED FOR DONATIONS

Parkview Meadows Annual

GOLF TOURNAMENT

FRIDAY
AUGUST 23, 2024

at the Greens at Renton

Entry Fee Includes:

- ⇒ 18 Hole Golf with Cart
- ⇒ (Scramble Format)
- ⇒ Lunch & Buffet Dinner
- ⇒ Entry into Prize Holes Contest
- (*Featuring; Trips, Cash, TVs etc.)

- ⇒ Gift for Participating
- ⇒ Donation Receipt
- ⇒ Fun day with Family, Friends or Colleagues

*** To participate or for more information
PLEASE CONTACT
Michael Ciardullo
at 519-587-2448 ext. 419
mciardullo@parkviewmeadows.ca

Sponsorship Opportunities
Available to those interested!

SAVE THE DATE

BIRTHDAYS

FEBRUARY	
Residents:	
Edith VanFleet	1
Robert Lever	3
Ruly Haak	6
Aukje Wonnacott	10
Andy Borger	10
Shirley Hill	11
Joan Oesch	11
Bert Van Beek	12
Leonard Armstrong	13
Barbara Wase	14
Carol Kriter	17
Jessie Visser	19
Joan Wood	20
Deborah Fitzpatrick	20
Jeltje Vandervelde	21
Mary Marfisi	25
Maureen Wiechula	29
Staff:	
Laurie Earls	8
Tia Dikasz	9
Janet Sooklal	11
Lisa Anema	21
Nikka Caide	22

MARCH	
Residents:	
Ann Guichelaar	1
Robert Perks	2
Patricia Courtnage	3
Reindeer Devries	3
Ruth McBride	7
Doreen Tiffin	8
Robert Cromie	10
Elizabeth Moir	11
James Oesch	22
Syd DeBoer	23
Roxanne Wood	28
Staff:	
Juliet Kett	2
June Cook	12
Sue Slade	12
Justine Wall	15
Taylor Fess	17
Lindsey Sather	18
Katelyn Schaeffer	22
Kulwant Thiara	25

APRIL	
Residents:	
Michael Sloat	1
Barbara Hall	9
Hein Prinzen	12
Peter Hogeterp	14
Ina VanDerMaarl	16
Julie Paterson	16
Marlene Guitard	17
Marlene Dunbar	19
Jerry Chowzin	19
Robert De Backere	23
Robert Matthews	26
Lenore Cain	30
Staff:	
Kathy VanderMeer	2
Breanne Miller	5
Lisa Heastont	13
Shannon Snider	16
Hannah Van Eek	16

Parkview Meadows is looking for VOLUNTEERS!!!

Are you looking to become more involved within your surrounding community?? Possibly meet new people and have some fun while doing it??? While look no further as I have a position for you... its called VOLUNTEERING!!! Parkview Meadows is currently looking for volunteers for multiple positions as we are always in need of some helping hands. Duties range from serving and place setting in the Southview dining room, tending the greenhouse, feeding in Gardenview or running the Tuck Shop. Positions are occasional as we are grateful for any help we receive.

For more information please contact
Michael at 519-587-2448 ext.419

OUR WEBSITE:
www.parkviewmeadows.ca

Access everything you need to know about Parkview Meadows right in your own home by checking us out ONLINE!

- ⇒ Updates on Vacancy
- ⇒ Programs & Activity Listing
- ⇒ Past Newsletters

SUNDAY WORSHIP SERVICES

You are welcome to worship at our Parkview Worship Services on Sundays at 2:30 p.m. Located in the Southview Dining Hall

Offerings:

Parkview Meadows

PRAYER CORNER

Please pray for the families of Ida Beimers, Ruth Hart, Francis Blackstone, Mary Hodgins, Lois Flonder, Marlene Nigh and Doreen Tiffin as they continue to mourn their loss.



August
 Canadian Bible Society

September
 Gideons Haldimand

October

WHIP UP A TREAT TO ENJOY AT HOME!

One of the most enjoyed and certainly most delicious programs on the recreation schedule is our baking program. *The Best Banana Cake* was an interesting and simple recipe and a favourite around here. Below is the recipe so you can try them at home!

Ingredients

- 1 1/2 cups milk
- 2 1/2 Tbs lemon juice
- 1 1/3 cups mashed banana
- 2/3 cup soft butter
- 1/2 cup brown sugar
- 1 cup white sugar
- 3 Large eggs
- 1 tsp vanilla
- 3 cups flour
- 1 1/2 tsp baking soda
- 1/4 tsp salt

Directions

1. Preheat oven to 350 degrees. Grease 9 x 13 pan
2. Place 1 1/2 tsp lemon, top to 1 1/2 cup milk
3. Mix mashed banana and 1 tsp lemon juice
4. Beat butter, brown and white sugar until combined. Add in eggs one at a time and vanilla. Mix on high till light and fluffy
5. Combine flour, baking soda and salt in bowl. Alternate adding flour mixture and milk to egg mixture stirring until combined. Fold in bananas.
6. Place in oven and reduce heat to 300 F. Bake 60 to 70 minutes. Remove and place in freezer for 45 minutes to make the cake extra moist.

**Golf Tournament
 50/50 Raffle**



Tickets will be sold every Thursday from 12pm to 4pm at the Parkview Meadows Entrance

1 Ticket = \$10

Or

3 Tickets for \$25



Winning Ticket will be drawn Friday August 25th

Last Year's Pot reached \$6,600.00.
 This years goal will be \$10,000.00

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 Southview Retirement
 Winter Move In Special
 \$1000 off
 Expires March 31st, 2024
 NEW ADMISSONS ONLY